



Awaken

*to the spirit of the season
as we sit together in silence*

*Discover and open
to an Abiding Peace Within*

THE ART OF SELF INQUIRY

Meditation Seminar with Dr. Bhagwan Awatramani

Introduction to Teachings In Silence

Friday, December 16 7:30 – 9:30 pm

Weekend Meditation

Saturday, December 17 10:00am – 3:00 pm

Sunday, December 18 10:00am – 3:00 pm

Morning Meditations

December 13, 14, 15, 16 & 19 6:00 – 7:00 am

Introduction to Self Inquiry

Held at Still Point Yoga Center

Thurs, December 15 7:00 – 8:30 pm

Visit our website for pricing, or call the Yoga Center
to reserve a place at any of these events.

856-428-9955

www.haddonfieldyogacenter.com

