

**Beginner-Level • Yoga Basics • All-Levels
Kripalu • Svaroopa® • Yin • Flow • Prenatal**



*Practice in our safe and nurturing studio
with qualified teachers and friendly students.*

Everyone is Welcome!

www.HaddonfieldYogaCenter.com

**Yoga Classes • Massage • Meditation
Workshops • YTT Certified Teacher Training**

CLASS PRICING

YOGA BASICS SERIES

Six Class Series (Sun, Moon or Earth) \$ 70
Please call to register for the Basics Series.

CLASS DROP-INS

1st time Students — any 3 classes (Valid for 30 days) \$ 30
1 hour class — Drop-In 15
1½ hour class — Drop-In 18

YOGA CENTER CLASS CARDS

1 hour — 6 Class Card (Valid for 60 days) \$ 75
1 hour — 12 Class Card (Valid for 90 days) 145
1½ hour — 6 Class Card (Valid for 60 days) 90
1½ hour — 12 Class Card (Valid for 90 days) 165
1 Month Unlimited Class Card 125
3 Month Unlimited Class Card 350
12 Month Unlimited Class Card 1000

STUDENT PRICING

1 hour class — Drop-In \$ 12
1½ hour class — Drop-In 14



20 North Haddon Avenue
Haddonfield, NJ 08033
856-428-9955
www.HaddonfieldYogaCenter.com

CLASS SCHEDULE

MONDAY

8:00 am – 9:30 am **Self-Inquiry Meditation**
10:00 am – 11:30 am **All Levels Yoga with Andrea**
6:00 pm – 7:00 pm **Yoga Basics by the Class**
with John
7:30 pm – 9:00 pm **All Levels Yoga with Darlene**

TUESDAY

8:45 am – 9:45 am **All Levels Yoga with Nita**
10:15 am – 11:45 am **Svaroopa® Yoga with Kemm**
5:45 pm – 7:15 pm **Svaroopa® Yoga with Kemm**
7:30 pm – 9:00 pm **Yin Yoga with Sheila**

WEDNESDAY

7:00 am – 8:30 am **Self-Inquiry Meditation**
9:30 am – 10:30 am **All Levels Yoga with Meg**
10:45 am – 11:45 am **Beyond Basics with Giselle**
6:00 pm – 7:00 pm **Yoga Basics Series with John**
*next 6 week series starts:
Earth 1/18, Sun 2/29, Moon 4/11*
7:30 pm – 9:00 pm **All Levels Yoga with Joanne**

THURSDAY

8:45 am – 9:45 am **All Levels Yoga with Nita**
10:15 am – 11:45 am **Prenatal Svaroopa® Yoga**
with Kemm
6:00 pm – 7:00 pm **Beginner Level Yoga**
with Heather
7:30 pm – 9:00 pm **All Levels Yoga with Nita**

FRIDAY

10:00 am – 11:30 am **All Levels Yoga with Darlene**
6:00 pm – 7:00 pm **All Levels Yoga with Terrence**

SATURDAY

7:00 am – 8:00 am **All Levels Yoga with Nita**
8:15 am – 9:45 am **Self-Inquiry Meditation**
10:00 am – 11:30 am **All Levels Yoga with Darlene**

SUNDAY

9:30 am – 11:00 am **All Levels Yoga with Sheila**
4:00 pm – 5:30 pm **Svaroopa® Yoga with Kemm**

Drop-Ins Welcome!

YOGA STYLE FRIDAY 8:00 PM

\$5 Friday Style events are very popular!
Please pre-register to ensure your space in class.

Jan 27 **Yoga for Your Back** with Kemm
Feb 24 **Yoga Basics** with John