

**Beginner-Level • Yoga Basics • All-Levels  
Svaroop® • Vinyasa • Flow**



*Practice in our safe and nurturing studio  
with qualified teachers and friendly students.*

**Everyone is Welcome!**

[www.HaddonfieldYogaCenter.com](http://www.HaddonfieldYogaCenter.com)

**Yoga Classes • Massage • Meditation  
Workshops • YTT Certified Teacher Training**

## CLASS PRICING

### YOGA BASICS SERIES

**Six Class Series** (Sun, Moon or Earth) ..... \$70  
*Please call to register for the Basics Series classes.*

### CLASS DROP-INS

**1 hour class** — Drop-In ..... \$15  
**1½ hour class** — Drop-In ..... 18

### YOGA CENTER CLASS CARDS

**1 hour** — 6 Class Card (Valid for 60 days) ..... \$ 75  
**1 hour** — 12 Class Card (Valid for 90 days) ..... 145  
**1½ hour** — 6 Class Card (Valid for 60 days) ..... 90  
**1½ hour** — 12 Class Card (Valid for 90 days) ..... 165  
**1 Month Unlimited Class Card** ..... 125  
**3 Month Unlimited Class Card** ..... 350  
**12 Month Unlimited Class Card** ..... 1000

### STUDENT PRICING

**1 hour class** — Drop-In ..... \$12  
**1½ hour class** — Drop-In ..... 14



20 North Haddon Avenue  
Haddonfield, NJ 08033  
**856-428-9955**  
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## CLASS SCHEDULE

### MONDAY

8:00 am – 9:30 am **Self-Inquiry Meditation**  
10:00 am – 11:30 am **All Levels Yoga with Nancy**  
6:00 pm – 7:00 pm **Yoga Basics with John**  
*6 week series start dates:  
Sun 8/30, 10/18*  
7:30 pm – 9:00 pm **All Levels Yoga with Darlene**

### TUESDAY

8:45 am – 9:45 am **All Levels Yoga with Nita**  
10:15 am – 11:45 am **Svaroop® Yoga with Kemm**  
5:45 pm – 7:15 pm **Svaroop® Yoga with Kemm**  
7:30 pm – 9:00 pm **Yin Yoga with Sheila**

### WEDNESDAY

7:00 am – 8:30 am **Self-Inquiry Meditation**  
9:30 am – 11:00 am **Yin Yang Flow with Kathy**  
6:00 pm – 7:00 pm **Yoga Basics with John**  
*6 week series start dates:  
Earth 9/1, Sun 10/13*  
7:30 pm – 9:00 pm **All Levels Yoga with Joanne**

### THURSDAY

7:00 am – 8:00 am **Gentle Morning Yoga  
with Suzanne**  
8:45 am – 9:45 am **All Levels Yoga with Nita**  
10:15 am – 11:15 am **Beginners Series with Suzanne**  
*6 week series*  
6:00 pm – 7:00 pm **Beginner Level Yoga  
with Toni**  
7:30 pm – 9:00 pm **All Levels Yoga with Nita**

### FRIDAY

10:00 am – 11:30 am **All Levels Yoga with Darlene**

### SATURDAY

7:00 am – 8:00 am **All Levels Yoga with Nita**  
8:15 am – 9:45 am **Self-Inquiry Meditation**  
10:00 am – 11:30 am **All Levels Yoga with Darlene**

### SUNDAY

9:30 am – 11:00 am **All Levels Yoga with Sheila**  
4:00 pm – 5:30 pm **Svaroop® Yoga with Kemm**

**Drop-Ins Welcome!**

### YOGA STYLE FRIDAY 8:00 PM

\$5 Friday Style events are very popular!  
Please pre-register to ensure your space in class.

**Aug 27 Meditation – Practice & Discussion  
with Darlene**

**Sept 17 Yoga for Women with Nancy**