



Class Schedule

Beginner-Level
All-Levels
Kripalu
Prenatal
Restorative
Yin

Yoga Classes

Massage

Meditation

Workshops

Yoga Alliance

Certified

Teacher Training

*Practice in our safe and nurturing studio
with qualified teachers & friendly students*

www.HaddonfieldYogaCenter.com

CLASS PRICING

CLASS DROP-INS

1st time Students — any 3 classes (Valid for 30 days)	\$ 30
1 hour class — Drop-In	15
1½ hour class — Drop-In	18
1¾ hour class — Drop-In	21

YOGA CENTER CLASS CARDS

1 hour — 6 Class Card (Valid for 60 days)	\$ 75
1 hour — 12 Class Card (Valid for 90 days)	145
1½ hour — 6 Class Card (Valid for 60 days)	90
1½ hour — 12 Class Card (Valid for 90 days)	165
1 Month Unlimited Class Card	125
3 Month Unlimited Class Card	350
12 Month Unlimited Class Card	1000

STUDENT PRICING

1 hour class — Drop-In	\$ 12
1½ hour class — Drop-In	14

CLASS SCHEDULE

MONDAY

- 7:00 am – 8:30 am **Self-Inquiry Meditation**
- 10:00 am – 11:30 am **All Levels Yoga with Christine**
- 6:00 pm – 7:00 pm **Prenatal Yoga with Joan**
- 7:30 pm – 9:00 pm **All Levels Yoga with Darlene**

TUESDAY

- 8:45 am – 9:45 am **All Levels Yoga with Nita**
- 10:15 am – 11:45 am **Restorative Yoga with June**
- 6:00 pm – 7:00 pm **Yin Yoga with Sheila**
- 7:30 pm – 9:00 pm **Restorative Yoga with Christine**

WEDNESDAY

- 7:00 am – 8:30 am **Self-Inquiry Meditation**
- 9:30 am – 11:00 am **All Levels Yoga with Jewels**
- 6:00 pm – 7:15 pm **All Levels Yoga with Sheila**
- 7:30 pm – 9:00 pm **All Levels Yoga with various teachers**

THURSDAY

- 8:45 am – 9:45 am **All Levels Yoga with Nita**
- 6:00 pm – 7:00 pm **Beginner Basics Yoga with Heather C.**
- 7:30 pm – 9:00 pm **All Levels Yoga with Annie**

FRIDAY

- 10:00 am – 11:45 am **All Levels Yoga with Darlene**

SATURDAY

- 7:00 am – 8:00 am **All Levels Yoga with Nita**
- 8:15 am – 9:45 am **Self-Inquiry Meditation**
- 10:00 am – 11:30 am **All Levels Yoga with Darlene**

SUNDAY

- 9:30 am – 11:00 am **All Levels Yoga with Sheila**
- 4:00 pm – 5:30 pm **Restorative with June**

Drop-Ins Welcome!

YOGA STYLE FRIDAY \$5 7:30 – 9:00 PM

Join us the **last Friday of each month** for a \$5 class. Check our website, Facebook, or call for the style this month and **confirm the date** — Holidays and special events occasionally move the date.



20 North Haddon Avenue
Haddonfield, NJ 08033
856-428-9955
www.HaddonfieldYogaCenter.com